

"My left and my right"

Ref. 20538



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CONTENT

- 24 pattern cards.
- 7 silhouetted reversible tiles.
- Base for the placement of the silhouetted tiles.
- 4 red bracelets to indicate the right hand.

PSYCHOPEDAGOGICAL OBJECTIVES

- 1. Awareness of:
 - a) Body positions: front back.
 - b) The existence of an axis of symmetry which divides the body into two parts: one side another side (right-left).
- 2. Learning of the left-right concepts in oneself, fundamental for an optimal development of spatial orientation and laterality.
- 3. Recognition of the left and right in the other person, facilitating the awareness of the crossing of sides (left-right) which occurs when the right and left are identified in the other person, and it goes from having oneself as a point of reference, to having the other person in front of oneself as a point of reference (e.g. my right coincides with your left when we are facing each other).

RECOMMENDED AGE

3 years and up (section 1 of the proposed activities). 4 years and up (2nd and 3rd sections).

GAME AND ACTIVITY SYSTEM

With this material **from 1 to 4 children** can play, with the supervision of either an adult or teacher, or independently with simple instructions, which is very useful both in individual work sessions and in a small group.

To facilitate the acquisition of the right and left of the body, the costume of the character is divided into **two halves with different colours**, in addition a bracelet has been placed on his right wrist, and **bracelets** are provided for children to put them on their right wrist while carrying out the activities.

We recommend that you follow this order of the teaching-learning process:





1. **Front-back**, **one side-another side** (it is not necessary to use the left-right terms just yet).

• With the character and the objects (silhouetted cards):

- Following instructions: put the character and/or objects in different positions according to an instruction: front, back, with an object on one side, another object on the other side, etc.
- Expressing verbally the position of the character and/or the objects placed by the teacher or the student, using the terms: from the front, from the back, to the side, to the other side.

With the pattern cards:

- Making classifications:
 - a) make two piles with all the pattern cards, one with the character in front and one on the back.
 - b) with the pattern cards with the character from the back (or front) make two piles according to whether the object is on one side or another.
- Make pairs of cards: the character's back (or front) with the same object on each side.
- *Memory game*: the cards on the back (or front) are separated into two piles according to whether the object is placed on one side or the other. These two piles are turned upside down. The child will pick up a card from each pile, if they make a pair (they have the same object) they will keep it, if they do not leave them face down again.

• With the character, the objects and the pattern cards:

- Reproducing, with the character and objects, the position which appears on a pattern card.
- Looking for the pattern card which reflects a position of the character on his front or back with an object on one side or the other.

2. <u>Right-left in oneself</u> (use the terms right-left)

- With the backwards-facing character and the objects (silhouetted cards):
 - Following verbal instructions: put the objects in different positions according to an instruction: "place the sunflower on the right and the cat on the left", "with your right hand put the dog on the left side", etc.
 - Expressing verbally the position of the objects using the terms right and left.
- With the pattern cards (with the character on his back):
 - Making classifications: make two piles: in one, the pattern cards in which the object is on the left, and in the other, the pattern cards in which the object is on the right.





- Pairs and memory game: activities such as those indicated in block 1 can be carried out, but using the terms left and right.
- With the character on his back, the objects, and the pattern cards (with the character on his back):
 - Reproduce the position of the pattern cards from the back (with the character on his back and the objects)
 - Find the pattern cards which reflect positions of the objects with the character from the back.

3. Right-left in the other person

Before performing the following activities, the child, with the character on his back on the base, will place an object to the right (or to the left of the character), then rotate the base to make the character face him, and observe that the object it is on the opposite side of itself (and still on the same side as the character), just as the bracelet worn by the character is also on the opposite side of the child's bracelet. This activity should be carried out several times to start the awareness of the **crossing of sides (left - right)** which occurs when the right and left are identified in the other person.

Then, you can perform the same activities indicated in point 2 but with the character in front, and the pattern cards with the character in front.



